

19-7-22

Exam Code: 1182
Sub. Code: 8548

2072
P.G. Diploma in Guidance and Counselling
Second Semester
PGDGC-04: Counselling Children and Adolescents with Different Abilities

Time allowed: 3 Hours

Max. Marks: 75

NOTE: Attempt five questions in all, including Question No. IX (Unit - V) which is compulsory and selecting one question each from Unit I - IV.

x-x-x

UNIT - I

- I. Explain the needs and problems of adolescents with different abilities. (15)
- II. Discuss the role of parents, family and peers in counseling children with different abilities. (15)

UNIT - II

- III. How will you identify the personal, social and emotional problems of children? (15)
- IV. Explain the causes of stress and suggest various techniques to manage stress. (15)

UNIT - III

- V. Elaborate on the intervention strategies for managing academic problems among children. (15)
- VI. Discuss the role of individual and group counseling for adolescents, facing emotional and social problems. (15)

UNIT - IV

- VII. Explain the role of Yoga and Meditation therapies for reducing stress among adolescents. (15)
- VIII. Explain the significance of family therapy for managing behavioral problems of children. (15)

UNIT - V

- IX. Write short notes on the following:- (3x5)
 - a) Classification of children with different abilities
 - b) Significance of Crisis Counselling
 - c) Importance of Case Study

x-x-x